

Thursday, April 11, 2019

10:00 am – 11:30 am Session A

A-1

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Bobbie Bigwood, MEd, Parent Educator, South Washington County Schools ECFE, Jenny Holst Vannelli, MEd, Early Childhood Teacher, South Washington County Schools ECFE

Mindfulness in Practice (Repeated D-12)

Learn how to integrate mindfulness both into the PE and EC classroom to support & build social emotional development and give parents useful skills to use at home with their children and themselves.

A-2

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Laura Krueger PT, MA, Pediatric Physical Therapist, White Bear Lake Schools - Normandy Park Education Center, Mary J. Coleman OTR, MA, Pediatric Occupational Therapist, White Bear Lake Schools - Normandy Park Education Center

Let's Move, Play, and Learn! (Repeated B-11)

The body teaches the brain. Understanding the importance of movement for early critical brain development is more important than ever for teachers and parents. This session will be very interactive with sensory, music, and movement activities that demonstrate how to support preschoolers in all areas of their development.

A-3

Nancy Litman, MA, Director of Early Learning, Proctor/Hermantown Community Education, Kristal Berg, Lori Fichtner, Kristal-Director of Community Education, Lori-Program Manager Early Learning Programs, Proctor/Hermantown Community Education

Parenting Again: Grandparents Raising the Next Generation

In Minnesota, more than 71,000 children are now living under the primary care of a grandparent or some older relative. This is up 40% since 1990. Research shows that caregiver stress is real. Learn what the Proctor/Hermantown area is doing to provide support and resources for this family system.

A-4

Mike Brown, Education Specialist, MN Dept of Education

2019-24 ECFE Enhancement Plan (Repeated C-10)

What challenges does your ECFE program face? How are you innovating to best meet the needs of families? Participants in this session will learn about and discuss the 2019-24 ECFE Enhancement Plan. Requirements, strategies, and ideas for innovating and expanding will be discussed.

A-5

Jolene Pearson, Bethel University

Premature Babies and their Parents: A Different Beginning

In 2017, 1 in 10 babies was born too early. What does this mean for families of pre-term infants in your program? What does this mean for you as a service provider? Gain insights regarding the experiences of parents of preemies and the specific resources you can share with parents.

A-6

[Meets MN Teacher Licensure renewal requirements]

Mollika Sajady, Pediatrician, University of Minnesota

Developing Parenting Education Resources on the Importance of Nature Play for Children

This workshop introduces participants to the concept of teaching parents about the importance of connecting children to nature. We will present an overview of the evidence-based and theory-grounded developmental, health and wellbeing benefits of nature for children. We will also review draft parenting education materials and elicit feedback from participants.

A-7

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Kay Langer, Early Childhood Teacher, District196, Susan Erstad, Jenna Ruble, Susan-Parent Educator, Jenna-Early Childhood Family Education and Preschool Manager, District196

Connecting Play and Learning to Meet Standards

Educators wonder if it's possible to meet standards in early childhood classrooms and allow children to play. We hope to inspire others by showing how play is the most productive and efficient way for children to learn. By Connecting Play and Learning through intentional instruction, standards can be met.

2019 MNAFEE Breakout Session Information

A-8

Avisia Whiteman, Research Analyst, MDE

Equitable Policies Between Early Childhood and K-12

Come learn ways to build support for improving your district's equity between early childhood and K-12 local policies. Your neighboring districts may have already figured it out and be willing to help you.

A-9

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Heather Jacobson, Preschool Teacher, Forest Lake Early Childhood, Sarah Cooper, Preschool Teacher, Forest Lake Early Childhood

A Day in the Life of a Full Day Preschool Teacher (Repeated B-7)

Is your program adding a full day class? Looking for new and fresh ideas to use in your own preschool classroom? We are sharing some tips and tricks for full day preschool! Some tips include: schedule, small groups, Special Education integration, social emotional tools, classroom setup, suggested websites/blogs/teachers to follow.

A-10

Cindy Hillyer, Director of Early Childhood Education, Minneapolis Public Schools, Pat Skirka, Early Childhood Screening Coordinator, Minneapolis Public Schools

Seeing Is Believing: Improving Vision Health Outcomes in Young Children

This presentation will highlight advances in vision health screening in Minneapolis Public Schools Early Childhood Screening program. Come and learn more about the use of photo screening to improve identification of vision concerns and access to treatment for young children.

A-11

Eric Skanson, Elementary Principal, ROCORI

Change Savvy Leadership: Sharpening Your Influence, Maximize Your Results

Change savvy leadership is essential in organization success. Whether you are leading organizational or program change, this workshop is essential in understanding the foundations of change and your ability to influence them as a leader. Walk away with simple and authentic frameworks to help you affect lasting change.

A-12

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Raelene Ostberg, Early Childhood Specialist, Thriving Together, LLC

Promoting Self-Control in Children 0-8 Years

Gain insight into the development of the higher-level thinking skills needed for impulse-control and self-regulation. Learn evidence-based strategies and fun activities that foster these "Executive Functions". Problem-solve a common challenge and identify which methods will foster self-control, improve behavior, and help children develop the skills needed to succeed.

A-13

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Darcy Rodriguez, Early Childhood Coordinator

Strategies for working with Dual Language Learners (Repeated C-12)

We will look at the 4 stages of Language acquisition for Dual Language Learners: Home Language Use, observational, formulaic, and productive Language. Using video clips, we'll look at the characteristics of each stage and explore strategies for supporting children at each point in their language acquisition journey.

A-14

Katherine Morris, Parent Infant Specialist, South Washington County Schools

Connecting Our Littlest Learners from the Hospital, to the Classroom, to the Community (Repeated C-6)

This class will give an overview how your program can connect and provide best practices for Babies and their parents starting from prenatal to twelve months. We will look at hospital connections and programs, home visits, working in the classrooms and in child care settings.

A-15

Alison Gopnik, Alison Gopnik, Child Psychologist, Writer, and Philosopher

When (and why) children are smarter than adults (and Artificial Intelligence)

Our keynoter will talk about recent studies and ideas on children's exploration, imagination and play, arguing that children can sometimes be better and more creative learners than older children and adults.

Thursday, April 11, 2019

1:00 pm – 2:30 pm Session B

B-1

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Dawn LaBrosse, Youth Services Coordinator, Washington County Library

Talk, Sing, Read, Write and Play...Everyday: Supporting Early Literacy through Intentional Interactions (Continued C-1)

Explore why it's important for children to get ready to read, starting at birth. Learn to integrate the five early literacy practices and components that prepare children to learn to read into your childcare curriculum and environment. Hear how your local library can support you in your early literacy efforts.

B-2

Heather Cline, Lecturer, University of Minnesota, Beth Magistad, Senior Lecturer, University of Minnesota

Revising the UMN Online Parent and Family Education Graduate Program

Come learn about the exciting updates we are making to the online graduate programs in parent and family education at the University of Minnesota. New structure, new video resources, new ways to engage as a learning community, and much more.

B-3

Lindsey Hoskins, Education Director, Family Tree Clinic

Parents ARE Sex Educators! (Repeated C-3)

Parents are the primary sex educators for their young children. In this workshop, we will cover strategies for engaging parents in discussion of early child sexual development, answer parents' most common questions, and share activities you can use to help parents feel confident in handling this important topic at home.

B-4

[Meets MN Teacher Licensure renewal requirements]

Aimee Mediger, Blast Off to Kindergarten - Partnerships Coordinator, St. Paul Public Schools

Blast Off to Kindergarten

Learn how Blast Off to Kindergarten (BOTK), a collaboration of community partners in Saint Paul, has developed and changed over the past 11 years. Discover the concept of asset mapping and community building. Find out how BOTK has incorporated social / emotional development experiences into all of their work.

B-5

Julie Hewitt, Early Childhood Special Education Teacher/Behavior Coach, South Washington County Schools, Teri Odegard, South Washington County Schools

Reinforcing High-Quality Early Childhood Practices

This session will provide an overview of schedules and routines, classroom design, promoting engagement and transitions, expectations and rules, friendship skills, emotional literacy and problem solving and responsive classroom strategies.

B-6

Avisia Whiteman, Research Analyst, Minnesota Department of Education, Jen Verbrugge, ECLDS Lead, Minnesota Department of Education

Early Childhood Information from the US Census

Come learn about new resources that can help you complete your ECFE Community Needs Assessment from the US Census Bureau. Additional information will include other updates within the Early Childhood Longitudinal Data System and reporting updates for MDE.

B-7

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Heather Jacobson, Preschool Teacher, Forest Lake Early Childhood, Sarah Cooper, Preschool Teacher, Forest Lake Early Childhood

A Day in the Life of a Full Day Preschool Teacher (Repeated A-9)

Is your program adding a full day class? Looking for new and fresh ideas to use in your own preschool classroom? We are sharing some tips and tricks for full day preschool! Some tips include: schedule, small groups, Special Education integration, social emotional tools, classroom setup, suggested websites/blogs/teachers to follow.

B-8

[Parent Aware]

Catie Loesch, ECFE/Family Literacy Teacher, South Washington County Schools, Courtney Juvland & Ann Mockenhaupt, Parent Educator/ECFE Site Coordinator and Early Childhood Educator, South Washington County Schools

Everyday Multi-sensory Creative Movement

We will present from both early childhood and parent education perspectives on multi-sensory creative movement. We will be sharing ideas for movement activities that are interdisciplinary. This will include not just large or fine motor movements, but those that incorporate sensory, imaginative, and creative elements.

B-9

Katy Smith

Advocacy Round Up!

Join Katy Smith, MNAFEE Advocacy Chair for an update on our increased efforts to create a presence in the hearts and minds of legislators this session. Learn the basics of advocacy from your colleagues and create an advocacy plan for your program that will work to increase your visibility at home and in St. Paul. ECFE has much to boast about as a state and national leading program built around parent education, let's start supporting what we know by advocating for it!

B-10

Early Childhood Leadership Over the Years

Take some time to walk with us down memory lane. Retired and soon to be retired coordinators will share their experiences in early childhood programming and leadership over the last 40 years. They will share what programs looked like, how they have changed, the ups and downs of funding, the good times and the not so good times of programming. As they move from their dedicated work in the early childhood field to retirement, they will also share their hope for the future.

B-11

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Laura Krueger PT, MA, Pediatric Physical Therapist, White Bear Lake Schools - Normandy Park Education Center, Mary J. Coleman OTR, MA, Pediatric Occupational Therapist, White Bear Lake Schools - Normandy Park Education Center

Let's Move, Play, and Learn! (Repeated A-2)

The body teaches the brain. Understanding the importance of movement for early critical brain development is more important than ever for teachers and parents. This session will be very interactive with sensory, music, and movement activities that demonstrate how to support preschoolers in all areas of their development.

B-12

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Julie Ostlund, Early Childhood EL Specialist, Osseo Area Schools

Quantification: Sometimes It Really Is Rocket Science! (Repeated C-4)

Participants will learn about the components and nuances of quantification so that they identify where their students are on the quantification continuum. Additionally, strategies for fostering quantification skills will be discussed.

B-13

Raelene Ostberg, Early Childhood Specialist, Thriving Together, LLC

Who ME? Lead a Staff!? From Surviving to Thriving in Your Leadership Role.

Identify normal coordinator "bumps in the road" and common leadership traps. Explore evidence-based qualities of highly effective managers and strategies to avoid management pitfalls. Identify methods to promote powerful partnerships with your team. Gain numerous ideas to thrive in your leadership role and maybe even laugh a little.

B-14

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Patricia Wooldridge, Director/Owner, Mariposa Learning Center, Inc./GrowthChart Inc.

Use of Digital Assistants in the Classroom for Documentation and Purposeful Teaching. (Repeated C-13)

Training will help the audience understand what tools are available to capture documentation and improve portfolios and purposeful teaching. We will generate awareness that digital assistants can add tremendous value in the classroom.

Thursday, April 11, 2019

2:45 pm – 4:15 pm Session C

C-1

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Dawn, LaBrosse, Youth Services Coordinator, Washington County Library

Talk, Sing, Read, Write and Play...Everyday: Supporting Early Literacy through Intentional Interact (Continued from B-1)

Explore why it's important for children to get ready to read, starting at birth. Learn to integrate the five early literacy practices and components that prepare children to learn to read into your childcare curriculum and environment. Hear how your local library can support you in your early literacy efforts.

C-2

Beth, Holsen, President, Imagine Design

From Dull to Dazzling- Creating Publications with Impact

Design marketing materials for maximum impact. Learn how to create clear, credible, compelling documents that engage, educate, and motivate our customers by appealing to their needs, wants and emotions. Whether you create one publication or 100, you will leave with greater understanding of how to reach your customers.

C-3

Lindsey, Hoskins, Education Director, Family Tree Clinic

Parents ARE Sex Educators! (Repeated B-3)

Parents are the primary sex educators for their young children. In this workshop, we will cover strategies for engaging parents in discussion of early child sexual development, answer parents' most common questions, and share activities you can use to help parents feel confident in handling this important topic at home.

C-4

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Julie, Ostlund, Early Childhood EL Specialist, Osseo Area Schools

Quantification: Sometimes It Really Is Rocket Science! (Repeated B-12)

Participants will learn about the components and nuances of quantification so that they identify where their students are on the quantification continuum. Additionally, strategies for fostering quantification skills will be discussed.

C-5

Kylie Cooper, Workforce Coordinator, Child Care Aware of MN, Grace Kintzinger, Kateri Skunes, Grace-Online Learning Programs Manager, Kateri-Professional Development Systems Coordinator at Child Care Aware of Minnesota

Connecting Systems to Support the Early Childhood Workforce

Learn about the Plan-Support-Advise model used by Child Care Aware of Minnesota, and explore various system supports to invest in and retain quality staff including professional development, leadership, and higher education.

C-6

Katherine Morris, CParent Infant Specialist, South Washington County Schools

Connecting Our Littlest Learners from the Hospital, to the Classroom, to the community (Repeated A-14)

This class will give an overview how your program can connect and provide best practices for Babies and their parents starting from prenatal to twelve months. We will look at hospital connections and programs, home visits, working in the classrooms and in child care settings.

C-7

June Reineke, Early Childhood Collaboration Specialist, Minnesota Department of Education

Mixed Delivery--What Does This Mean??

Learn what mixed delivery means in Minnesota, models being used by communities, and where to begin creating partnerships between early childhood programs—voluntary prekindergarten, Head Start, child care centers and family home providers. Imagine what can happen when your community creates a cohesive early learning and care system.

C-8

Cris Gilb, Executive Director, PHN, Minnesota Oral Health Project, Susan Metoxin & Christine Andres, Technology and Communications, White Buffalo LLC

Childhood Caries Prevention: How Can You Make a Difference?

Do you see children with cavities and want to do something about it? We have Training Curriculum that are grant funded and free to use. This session will be a train the trainer program; customizable and fun. Everyone who attends our seminar will receive a free book, Bye Bye Germs.

2019 MNAFEE Breakout Session Information

C-9

Betty Uehling, Director of Early Childhood and Family Education Programs, New Ulm Public Schools, Kim Kleven, ECFE and Little Knights Preschool Program Director, Lake Crystal Welcome Memorial School District and Carrie Morris, Early Childhood Coordinator/Educator, Waseca Public School, Family Education Center

Small/Medium District Q&A

Are you a new coordinator in a small or medium district? Do you have LOTS of questions? This workshop will have an open format...bring your questions and let's talk as a group about the answers and how to manage a program where you have to "do it all".

C10

Mike Brown, Education Specialist, MN Dept of Education

2019-24 ECFE Enhancement Plan (Repeated A-14)

What challenges does your ECFE program face? How are you innovating to best meet the needs of families? Participants in this session will learn about and discuss the 2019-24 ECFE Enhancement Plan. Requirements, strategies, and ideas for innovating and expanding will be discussed.

C-11

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Anna Dutke, Early Childhood (Preschool), Jeffers Pond Elementary - Prior Lake District, Polly Saatzer, Lead Workshop Facilitator, Jeffers Foundation

Open the Door - Have Fun and Learn Outdoors

Intend to build educator, parent and care-giver enthusiasm for bringing young learners to The Outdoor Classroom. To build observational skills and love of nature-based learning. Present Jeffers resources and introduce participants to Team Teaching with Mother Nature concept. Why outdoors? Why not?!!

C-12

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Darcy Rodriguez, Early Childhood Coordinator, Darcy Rodriguez

Strategies for working with Dual Language Learners (Repeated A-13)

We will look at the 4 stages of Language acquisition for Dual Language Learners: Home Language Use, observational, formulaic, and productive Language. Using video clips, we'll look at the characteristics of each stage and explore strategies for supporting children at each point in their language acquisition journey.

C-13

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Patricia Wooldridge, Director/Owner, Mariposa Learning Center, Inc./GrowthChart Inc.

Use of Digital Assistants in the Classroom for documentation and Purposeful Teaching. (Repeated B-14)

Training will help the audience understand what tools are available to capture documentation and improve portfolios and purposeful teaching. We will generate awareness that digital assistants can add tremendous value in the classroom.

C-14

Heather Cline, Lecturer, University of Minnesota

RDPED 2.0: Updating the Reflective Dialogue Parent Education Design (Repeated E-3)

Come to this session to hear about and contribute to the next evolution of the Reflective Dialogue Parent Education Design (RDPED). There are exciting developments to share about the creation of new videos and online accessibility. You have a chance to give feedback and get involved.

Thursday, April 11, 2019
4:30 pm – 5:30 pm EPL

EPL Session –

Eat, Ponder, Learn (EPL)

Terry Haws Room

*Join in table discussions with workshop presenters / experts
for interactive learning and sharing*

Appetizers provided by MNAFEE.

Check out our exhibitors – Chat with exhibitors!

No charge, but please pre-register so we can plan for you!

EPL Table Topics:

- Empowering the Early Childhood Profession
- Revising the UMN Online Parent and Family Education Graduate Program
- Premature Babies and their Parents: A Different Beginning
- From Dull to Dazzling- Creating Publications with Impact
- Blast Off to Kindergarten
- Nature Based Education: Trends, Research, & Application
- Mixed Delivery--What Does This Mean??
- Childhood Caries Prevention: How Can You Make a Difference?
- More topics may be added

Friday, April 12, 2019

9:30 am – 11:00 am Session D

D-1

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Jenny Hanlon, Early Childhood Teacher and Parent Educator, White Bear Lake Early Childhood & Stillwater Area Schools, Heidi Faris, M.Ed., Early Childhood Environmental Educator, Tamarack Nature Center & MN Children & Nature Connection

Learning & Growing In and Through Nature

Nature can be woven into daily classroom routines and curriculum and still meet early childhood standards for learning. The presenters have experience developing curriculum in parent-child classes as well as incorporating nature into the Creative Curriculum. We'll also share ideas on how to build parent engagement through nature experiences.

D-2

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Jessica Nagel, Music Therapist - Board Certified

A Music Therapy Perspective on Using Music in Early Childhood and Parent Education Classrooms (Repeated E-11)

This part lecture/part experiential presentation will allow EC educators to hear from a music therapist about ways to incorporate more music in their classrooms. Participants will explore 3 functions of music, will discuss specific uses of music to support behavior management/self-regulation, and will learn about music therapy in EC settings.

D-3

Kristi Hanson, ECFE Parenting Educator, Rosemount-Apple Valley -Eagan-Schools

Layers of Learning: Using Parent Self-Reports in a PLC Structure

Together with your colleagues, use self-reports as a tool to encourage parents to deeply reflect on their child's growth and development, as well as their own thinking. This accessible data makes learning in your PLC rich and complex starting today! "Maybe stories are just data with a soul" - Brene Brown

D-4

Tricia Weber, Parent Educator, Anoka Hennepin ECFE, Kristin Baden, Early Childhood Teacher, Anoka Hennepin ECSE, **Building Healthier Parent Child Relationships Through Coaching Parents** (Repeated E-4)

We will share how direct coaching and real time practice on specific skills can help parents master and generalize skills. We will share the ideas behind this model, how the class has been modified to provide coaching and how parents learn and maintain skills.

D-5

Eric Skanson, Elementary Principal, Cold Spring Elementary School

Connected and Kind: Parenting with Empathy, Kindness and Compassion of Excess Screen Time. (Repeated E-8)

Screen time has a huge impact on how we parent and the development of children to adults. What can parents do to be connected and kind as they help their children grow from babies to young adults? Get simple ideas to talk with parents about in the digital age of parenting.

D-6

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Aimee Mabie, Preschool Educator, Forest Lake Area Schools- Scandia Elementary

Building Your Classroom Schedule (Repeated E-9)

This topic will help you to adjust your classroom schedule to work better for your students. We will discuss developmentally appropriate duration for activities and how to sequence them for success. We will also discuss easing through transitions and how to limit the amount of daily transitions.

D-7

[Meets MN Teacher Licensure renewal requirements]

Lisa Krause MA CFLE, Parenting Coach/Adjunct Professor, Ellie McCann M.S. CFLE, University of MN Extension/Center of Family Development

Overindulgence: Building Resiliency in the Face of the New Normal (Repeated E-10)

Since overindulgence comes from a good heart and is the New Normal, it is easy to miss. Unfortunately, it can present unexpected risks for adult life and major discomforts in young families. Attendees will explore overindulgence and ways to help yourselves and families create resilience instead of helplessness and irresponsibility.

D-8

Kari Sawyer, ECFE Parent Educator & Home Visit Coordinator, Minneapolis Public Schools, December Brakefield, MPS School Success Program Assistant (SSPA)

ECFE Home Visiting (Repeated E-5)

We will present information on the Minneapolis ECFE home visiting program and share what an MPS ECFE home visit looks like, our referral process, outcomes of home visits, forms that we use, data collection, etc.. We will also discuss key points for engaging parents in ECFE home visits.

2019 MNAFEE Breakout Session Information

D-9

Hrund Ingudóttir, Assistant Professor, University of Iceland

From Minnesota to Iceland: Parent Education an Emerging Field for Practitioners (Repeated E-6)

The parent education program, modeled on University of Minnesota program, was offered first in 2015 at the University of Iceland. The first students have graduated and are starting to work as parent-educators, with ECFE as a role model. We will discuss opportunities, challenges, and the need for parent-education in Iceland.

D-10

Phil Grove

Updating the Parent Education Core Curriculum Framework with Technological Tools (Repeated E-7)

This workshop will begin with an overview of the Parent Education Core Curriculum Framework, its history and application to parent education curriculum development. A demonstration will follow of free applications that allow the PECCF Curriculum Planning Grid and Lesson Plan to be quickly filled out using lookup menus.

D-11

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Paula Achenbach, Child and Family Therapist & Supervisor, Registered Play Therapist & Supervisor

I Don't Want to Talk About it, Creative Brain-Based Approaches for Emotional Regulation (Repeated E-12)

When processing emotions with young children typical talk methods do not often work. In this workshop participants will be presented basic brain science of brain dysregulation and introduced to creative brain-based interventions. This is a participative workshop.

D-12

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Bobbie Bigwood MEd., Parent Educator, South Washington County Schools ECFE, Jenny Holst Vannelli, MEd., Early Childhood Teacher, South Washington County Schools ECFE

Mindfulness in Practice (Repeated A-1)

Learn how to integrate mindfulness both into the PE and EC classroom to support & build social emotional development and give parents useful skills to use at home with their children and themselves.

D-13

Andrea Boerigter, Speech Language Pathologist and Feeding Therapist, The Speech Mom

Meal Time Management: Creating Lifelong Happy and Healthy Eaters (Repeated E-14)

Navigate the differences between problem feeders and picky eaters while working through what makes meal time so difficult for so many children. Learn how to help children tackle the obstacles at meal time and become a happy and healthy eater for life!

Friday, April 12, 2019

11:15 am – 12:45 pm Session E

E-1

Jenny Hanlon, Early Childhood Teacher and Parent Educator, The Children's Farm School, WBL EC, & Stillwater Area Schools, Kris Scheel, BS, Early Childhood Educator, The Children's Farm

Growing Children: A Non-Separating Parent-Child Together Class

Come learn about a unique model that the presenters have been using for parent-child classes. The teachers take advantage of technology to expand the parent's learning beyond the class time. The session will include time to brainstorm how your own program could try a similar model.

E-2

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Ian Williams

Field Trip Instructor & Children's Garden Coordinator, University of Minnesota Landscape Arboretum

Nature Based Education: Trends, Research, & Application

No matter your teaching environment, you can implement nature-based experiences! Together we will take a look at the current trends in nature-based education and dissect the research. Most importantly, leave with constructive ideas as to how we can implement nature-based experiences in our respective classrooms.

E-3

Heather Cline, Lecturer, University of Minnesota

RDPED 2.0: Updating the Reflective Dialogue Parent Education Design (Repeated C-14)

Come to this session to hear about and contribute to the next evolution of the Reflective Dialogue Parent Education Design (RDPED). There are exciting developments to share about the creation of new videos and online accessibility. You have a chance to give feedback and get involved.

E-4

Tricia Weber, Parent Educator, Anoka Hennepin ECFE, Kristin Baden, Early Childhood Teacher, Anoka Hennepin ECSE

Building Healthier Parent Child Relationships Through Coaching Parents (Repeated D-4)

We will share how direct coaching and real time practice on specific skills can help parents master and generalize skills. We will share the ideas behind this model, how the class has been modified to provide coaching and how parents learn and maintain skills.

E-5

Kari Sawyer, ECFE Parent Educator & Home Visit Coordinator, Minneapolis Public Schools, December Brakefield, MPS School Success Program Assistant (SSPA)

ECFE Home Visiting (Repeated D-8)

We will present information on the Minneapolis ECFE home visiting program and share what an MPS ECFE home visit looks like, our referral process, outcomes of home visits, forms that we use, data collection, etc.. We will also discuss key points for engaging parents in ECFE home visits.

E-6

Hrund Ingudóttir, Assistant Professor, University of Iceland

From Minnesota to Iceland: Parent Education an Emerging Field for Practitioners (Repeated D-9)

The parent education program, modeled on University of Minnesota program, was offered first in 2015 at the University of Iceland. The first students have graduated and are starting to work as parent-educators, with ECFE as a role model. We will discuss opportunities, challenges, and the need for parent-education in Iceland.

E-7

Phil Grove

Updating the Parent Education Core Curriculum Framework with Technological Tools (Repeated D-10)

This workshop will begin with an overview of the Parent Education Core Curriculum Framework, its history and application to parent education curriculum development. A demonstration will follow of free applications that allow the PECCF Curriculum Planning Grid and Lesson Plan to be quickly filled out using lookup menus.

E-8

Eric Skanson, Elementary Principal, Cold Spring Elementary School

Connected and Kind: Parenting with Empathy, Kindness and Compassion of Excess Screen Time. (Repeated D-5)

Screen time has a huge impact on how we parent and the development of children to adults. What can parents do to be connected and kind as they help their children grow from babies to young adults? Get simple ideas to talk with parents about in the digital age of parenting.

2019 MNAFEE Breakout Session Information

E-9

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Aimee Mabie, Preschool Educator, Forest Lake Area Schools- Scandia Elementary

Building Your Classroom Schedule (Repeated D-6)

This topic will help you to adjust your classroom schedule to work better for your students. We will discuss developmentally appropriate duration for activities and how to sequence them for success. We will also discuss easing through transitions and how to limit the amount of daily transitions.

E-10

[Meets MN Teacher Licensure renewal requirements]

Lisa Krause MA CFLE, Parenting Coach/Adjunct Professor, Ellie McCann M.S. CFLE, University of MN Extension/Center of Family Development

Overindulgence: Building Resiliency in the Face of the New Normal (Repeated D-7)

Since overindulgence comes from a good heart and is the New Normal, it is easy to miss. Unfortunately, it can present unexpected risks for adult life and major discomforts in young families. Attendees will explore overindulgence and ways to help yourselves and families create resilience instead of helplessness and irresponsibility.

E-11

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Jessica Nagel, Music Therapist - Board Certified

A Music Therapy Perspective on Using Music in Early Childhood and Parent Education Classrooms (Repeated D-2)

This part lecture/part experiential presentation will allow EC educators to hear from a music therapist about ways to incorporate more music in their classrooms. Participants will explore 3 functions of music, will discuss specific uses of music to support behavior management/self-regulation, and will learn about music therapy in EC settings.

E-12

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Paula Achenbach, Child and Family Therapist & Supervisor, Registered Play Therapist & Supervisor

I Don't Want to Talk About it, Creative Brain-Based Approaches for Emotional Regulation (Repeated D-11)

When processing emotions with young children typical talk methods do not often work. In this workshop participants will be presented basic brain science of brain dysregulation and introduced to creative brain-based interventions. This is a participative workshop.

E-13

[Meets MN Teacher Licensure renewal requirements, Parent Aware]

Jeanna Miller, Ed.S., Director of Early Learning Services, Bloomington Public Schools, Gaye Lynn Sarff, Preschool Coordinator for Bloomington Public Schools, Kerry Young, EL Specialist for Bloomington Public Schools

Supporting Oral Language Development of Early Learners and their Families

In this session we will provide grounding on early language development and the importance of supporting oral language with all students, especially those students who are developing both their home language and English. The session will include strategies for supporting both students and their families.

E-14

Andrea Boerigter, Speech Language Pathologist and Feeding Therapist, The Speech Mom

Meal Time Management: Creating Lifelong Happy and Healthy Eaters (Repeated D-13)

Navigate the differences between problem feeders and picky eaters while working through what makes meal time so difficult for so many children. Learn how to help children tackle the obstacles at meal time and become a happy and healthy eater for life!