

CROSSING COMMUNICATION DIVIDES PRESENTATION RESOURCES



HOW TO TALK TO
PORCUPINES

THANK YOU FOR ATTENDING THE RECENT HOW TO TALK TO PORCUPINES WORKSHOP.

READ

BOOKS AND ARTICLES ABOUT COMMUNICATION STYLES, RELATIONSHIPS, AND DE-ESCALATION.

- NOLL, DOUGLAS E. 2017. DE-ESCALATE: HOW TO CALM AN ANGRY PERSON IN 90 SECONDS OR LESS. NEW YORK: ATRIA PAPERBOOKS.
- OFRI, DANIELLE. 2017. WHAT PATIENTS SAY, WHAT DOCTORS HEAR: WHAT DOCTORS SAY, WHAT PATIENTS HEAR. BOSTON: BEACON PRESS.
- PUIMAN, ROSALIE. 2019. THE MINDFUL GUIDE TO CONFLICT RESOLUTION: HOW TO THOUGHTFULLY HANDLE DIFFICULT SITUATIONS, CONVERSATIONS, AND PERSONALITIES. NEW YORK: ADAMS MEDIA.
- TANNEN, DEBORAH. 1987, 2011. THAT'S NOT WHAT I MEANT!: HOW CONVERSATIONAL STYLE MAKES OR BREAKS RELATIONSHIPS. HARPER COLLINS.

LISTEN

PODCASTS AND AUDIO BITES TO LISTEN TO ON THE GO.

- FREEBURG, NATHAN, HOST. 2021. LEADERSHIP VISION CONSULTING (PODCAST). A TOOL TO HELP YOUR TEAM NAVIGATE CHANGE. [HTTPS://WWW.LEADERSHIPVISIONCONSULTING.COM/A-TOOL-TO-HELP-YOUR-TEAM-NAVIGATE-CHANGE](https://www.leadershipvisionconsulting.com/a-tool-to-help-your-team-navigate-change).
- MEUNIER, PAUL, HOST. THE PASSIONATE YOUTH WORKER (PODCAST). [HTTPS://TRAINING.YIPA.ORG/PODCAST](https://training.yipa.org/podcast).
- REAGAN, LAURA, HOST. THERAPY CHAT (PODCAST). EPISODE 70. [HTTPS://BALTIMOREANNAPOLISPSYCHOTHERAPYPODCAST.LIBSYN.COM/70-CORE-EMOTIONS-THE-CHANGE-TRIANGLE](https://baltimoreannapolispsychotherapypodcast.libsyn.com/70-core-emotions-the-change-triangle).
- VEDENTAM, SHANKAR, HOST. NPR. HIDDEN BRAIN (PODCAST).
 - ALAN ALDA WANTS US TO HAVE BETTER CONVERSATIONS. [HTTPS://HIDDENBRAIN.ORG/PODCAST/ALAN-ALDA-WANTS-US-TO-HAVE-BETTER-CONVERSATIONS](https://hiddenbrain.org/podcast/alan-alda-wants-us-to-have-better-conversations).
 - MIND READING 2.0: WHY CONVERSATIONS GO WRONG. [HTTPS://HIDDENBRAIN.ORG/PODCAST/WHY-CONVERSATIONS-GO-WRONG](https://hiddenbrain.org/podcast/why-conversations-go-wrong)

FOLLOW

SOCIAL MEDIA ACCOUNTS AND NEWSLETTERS FOR DAILY UPDATES.

- HOW TO TALK TO PORCUPINES (INSTAGRAM, LINKEDIN, FACEBOOK). POSTS REGULARLY ON COMMUNICATION STRATEGIES FOR YOUTH WORKERS TO CONNECT MORE EFFECTIVELY WITH PRICKLY PERSONALITIES. [HTTPS://WWW.PACER.ORG](https://www.pacer.org).
- DR. KATIE HURLEY, LCSW. (INSTAGRAM). AUTHOR, PROFESSOR OF SOCIAL WORK, CHILD AND ADOLESCENT MENTAL HEALTH EXPERT WHO POSTS ABOUT WAYS TO BUILD CONNECTION AND RESILIENCE WITH YOUTH. [LINKTR.EE/KATIEHURLEYLCSW](https://linktr.ee/katiehurleylcsw).
- DR. MONA DELAHOKE. (INSTAGRAM). AUTHOR, CHILD PSYCHOLOGIST, AND MOTHER POSTS ABOUT BRAIN-BODY PARENTING. [LINKTR.EE/MONADELAHOKE](https://linktr.ee/monadelahoke).
- TED-ED. (INSTAGRAM) POSTS ABOUT YOUTH AND EDUCATION FOCUSED TED RESOURCES DESIGNED TO SPARK AND CELEBRATE THE IDEAS OF TEACHERS, PARENTS, AND STUDENTS AROUND THE WORLD. [HTTPS://ED.TED.COM/PARENT](https://ed.ted.com/parent).
- THE CALM CLASSROOM. (INSTAGRAM). POSTS BY AN EDUCATOR THAT ARE A BLEND OF INSPIRATION, RESOURCE, TEACHING TOOLS, AND MORE. [WWW.THECALMCLASSROOM.ORG/LINKS](http://www.thecalmclassroom.org/links).

KEEP UP THE
MOMENTUM BY
REGULARLY CHECKING
IN AND REVISITING
YOUR ACTION PLAN.

TELL US ABOUT BOOKS YOU'RE
READING, PODCASTS YOU'RE
LISTENING TO, OR THINGS
YOU'RE DOING BY TAGGING US
ON SOCIAL MEDIA.

#HOWTOTALKTOPORCUPINES

