Everyday Multi-Sensory Creative Movement
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Circle Time Ideas:

Books with movement elements:
From Head to Toe (Eric Carle)
Snip Snap, What’s That? (Mara Bergman)
Press Here (Herve Tullet)
The Was An Old Lady Who Swallowed Some Leaves (Lucille Colandro)—use Yoga elements as you read!
The Napping House (Audrey & Don Wood)—yoga story

Parachute/Stretchy Band songs:
Wiggy Wiggy Wiggles - Hap Palmer (video of first half)
Bop ‘Til You Drop - Greg and Steve (video with song sample)

Songs that encourage movement:
Laurie Berkner “Airplane Song”
Jbrary collection of Circle Time songs for all ages
“Do the Bear Walk”

Math concept activities:
Shapes Yoga
Patterning (clapping, tapping, stomping body movements)

Language concept activities:
Arm tapping/brushing with syllables (names, months of the year, etc.)

Parent Education Recources:
A Moving Child is a Learning Child by Gill Connell