



Wednesday, April 15, 2020 Preconference Schedule

1:00-4:00 pm – Afternoon Preconference Session



What if today was their only day? The importance of early experiences (play = readiness!)

In this motivational keynote address Lisa shares the powerful story of her first day of school. Through active and engaging storytelling Lisa brings you back to her first day, taking you on a grand tour of Miss Mary's Nursery School. And, in the style she has become famous for, she shares many observations, lessons and anecdotes about how early childhood has changed along the way. Lisa will share the sights sounds and smells of the place where, at the young age of three, she decided to become a teacher and identifies the how, and why, that one day solidified her decision to become an educator. This inspiring keynote gets participants back in touch with their personal how and why. It gets them excited and gets them thinking: If it WAS their only day, what will they remember?

Lisa Murphy, MEd (of Ooey Gooley, Inc.)

Lisa Murphy has been in the field of early childhood education for 30 years. She has spent most of her adult / professional life teaching and working with children in various environments including Head Start, kindergarten, private preschools, family childcare, park and rec centers, group homes and many childcare centers. Lisa is the founder and CEO of Ooey Gooley, Inc. where her mission is to assist in the transformation of the industry of early childhood education by offering 1) the best workshops and trainings; 2) the most up to date materials and resources; and 3) insightful conversations and connections through the power of social media. Lisa presents hundreds of workshops each year to both domestic and international audiences on various topics related to early childhood education.

Lisa has authored four books, (the fifth is in-press), produced dozens of teacher training DVD's and is a popular keynote speaker at educational conferences. Her standing room only seminars have become nationally known for their information, humor, inspiration and energetic delivery. Lisa practices what she preaches by blending the learning with the laughing. Lisa is known for her ability to link hands-on activities to educational standards, her outspoken advocacy, and her commitment to creating child-centered, play-based early childhood environments.

5:30-6:30 pm – Registration and Light Refreshments

6:30-8:00 pm – Evening Pre-Conference Presentation



The Burnout Antidote: Stoking educator mind, body, and soul resilience

Educators are elite, heart-centered individuals whose energy, presence, and joy are contagious! They are also the group of professionals most impacted by stress, emotional fatigue, and burnout. Current research on educator well-being confirms that teacher can learn strategies and practices to metabolize the inherent stressors of the profession to stoke their mental and emotional health, "burn-in" to their calling to teach, access resources of calm in chaotic moments, and connect with their innate dispositions of joy, positivity, and compassion for their students. Join Dr. Jennifer Clifden in learning how to "work your well-being" in this highly experiential session!

Jennifer J. Clifden, PhD

Dr. Jennifer J. Clifden is the creator of Present Teacher Training™ (<https://www.presentteacher.com/>) and founder of Present Well-Being LLC. She received her BA in Elementary Education from the University of Michigan and her MA in Socio-Cultural Foundations and Educational Thought from Western Michigan University. Jennifer also holds a PhD from the University of Minnesota College of Education and Human Development with a focus on teacher development, mindfulness in the school setting, and the origins of teacher well-being. She currently teaches at the U of MN in the College of Education and Human Development and researches stress-resilience and the process of "burning in" to heart-centered healing professions. Jennifer's 23 years of collective experience as a public school teacher, university teacher educator, well-being researcher, mindfulness and yoga teacher, and mother of a 6th grader and twin 5th graders serve to help human service professionals improve their mental, emotional, physical, and spiritual well-being.